

Wednesday Night BIBLE STUDY

Wednesday, December 4, 2024 – First Baptist Church Buda
Midweek Prayer Meeting & Bible Study

OVERCOMERS – PART 2

“Overcoming Your Doubts”

1 John 5:4-5, Genesis 2 & 3, Luke 1, James 1:5-8

“⁴ For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith. ⁵ Who is he who overcomes the world, but he who believes that Jesus is the Son of God?” – 1 John 5:4-5 (NKJV)

Are you overcoming the world or is the world overcoming you? What do I mean by that? Well, I think to really get the jest of that questions you have to do a lot of introspection (reflection), a lot of soul-searching, a lot of digging deep and taking an honest inventory of your life.

★ *What do you think are some of the signs in our life that the world may be overcoming or getting the best of you in your life?*

SOME SIGNS THE WORLD IS GETTING THE BEST OF YOU:

- (1) **Paralyzing Fear** – Paul said in Romans 8:15, “¹⁵ For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, ‘Abba, Father.’” Paul is telling us that “fear” is “bondage”... it paralyzes us. It paralyzes our faith. Paul reminds us in 2 Timothy 1:7, “For God has not given us a spirit of fear, but of power and of love and of a sound mind.”
- (2) **Debilitating Doubt** – James, the half-brother of Jesus, said in James 1:6-8, “⁶ ...He who doubts is like a wave of the sea driven and tossed by the wind. ⁷ For let not that man suppose that he will receive anything from the Lord; ⁸ he is a double-minded man, unstable in all his ways.” I don’t believe that he is saying there that the Lord won’t do anything for him, but rather that he won’t receive what the Lord could do for him because of his doubts. His doubts make him double-minded in that he has a mind that has been consumed by what has gotten the best of him and filled him with those doubts and although he expresses faith his faith is divided by his doubt and made him unstable

- (3) **Despairing Worry/Anxiety** – Matthew 6:31-34, “³¹ Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. ³³ But seek first the kingdom of God and His righteousness, and all these things shall be added to you. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.” Peter wrote in 1 Peter 5:7, “Cast all your care upon Him, for He cares for you.”
- (4) **Weakening Discouragement** – Hebrews 12:3, “For consider Him (Jesus) who endured such hostility from sinner against Himself, lest you become weary and discouraged in your souls.” The writer of Hebrews is telling us that discouragement is wearing or weakening to our soul, therefore we must keep your eyes on Jesus. Discouragement affects our spiritual eyesight. God spoke the Old Testament hero of the faith, Joshua, in Joshua 1:9 and said, “Have I not commanded you? Be strong and of good courage (*don’t be discouraged, be of good courage*); do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.”
- (5) **Giving in to sin and temptation** – James said in James 1:13-14, “¹³ Let no one say when he is tempted, ‘I am tempted by God’; for God cannot be tempted by evil, nor does He Himself tempt anyone. ¹⁴ But each one is tempted when he is drawn away by his own desires and enticed.” “Drawn away” carries with it the idea of being overcome by the pull and draw of the world into temptation and sin. Paul tell us in 1 Corinthians 10:13 that we can overcome sin and temptation when he says, “No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.”

1 John 5:4-5, “⁴ For everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith. ⁵ Who is it that overcomes the world? Only the one who believes that Jesus is the Son of God.” Christians are overcomers and truly are to live victorious Christian lives every day, but let’s be honest, there are many enemies along that way that daily steal our victory and sometimes defeat us. We know the saying we may win the war, yet lose the battle. We ultimately know that we win and will be victorious in the end, but it’s the daily battles that defeat us and keep us from living the victorious and abundant life that Christ came to give us daily. This study is about finding victory in Jesus over those enemies that so often defeat it, and they can be numerous and varied.

One of the most popular much loved hymns is the famous song, "Victory In Jesus," page #426 in our Hymn Book (look at the song). The song is written by Eugene Bartlett, a prolific hymn writer, having composed several hundred hymns. Bartlett was born in Christmas Eve in 1885. He dedicated his life to Jesus Christ at an early age. He is considered by many to be the founding father of Southern Gospel Music, and he was inducted into the Gospel Music Hall of Fame in 1979. Throughout his 56 years of life, he composed more than 800 hymns and gospel songs. He was the founder of the Hartford Music Company and Music Institute. The school attracted many talented artists and became known for publishing great Christian songs and hymnbooks, many of which he wrote himself. He gave many very famous hymn writers their first opportunities to publish their music. Among them was Alfred E. Brumley who wrote "I'll Fly Away" and "Turn your Radio On."

Bartlett had a massive stroke that ended his career and he became confined to one room in 1939, unable to communicate. Dying, he spent almost a month writing his very last song, when most of his hymns were written in just a few simple minutes. Although broken in health, and unable to speak, he wanted to demonstrate that his great faith in Jesus Christ had not cracked under suffering and his great victory over doubt and despair. That last hymn was "Victory in Jesus." Bartlett died in 1941,

VICTORY IN JESUS

By E.M. Bartlett

(Hymn #426)

I heard an old, old story, how a Savior came from glory
How He gave His life on Calvary to save a wretch like me
I heard about His groaning, of His precious blood's atoning
Then I repented of my sins, and won the victory

I heard about His healing, of His cleansing pow'r revealing
How He made the lame to walk again, and caused the blind to see
And then I cried, "Dear Jesus, come and heal my broken spirit,"
And somehow Jesus came and brought to me the victory
I heard about a mansion He has built for me in glory
And I heard about the streets of gold beyond the crystal sea
About the angels singing, and the old redemption story
And some sweet day I'll sing up there the song of victory

(Chorus) O victory in Jesus, my Savior, forever
He sought me and bought me with His redeeming blood

He loved me ere I knew Him, and all my love is due Him
 He plunged me to victory beneath the cleansing flood

Christians are overcomers and truly are to live victorious Christian lives every day, but let's be honest, there are many enemies along that way that daily steal our victory and sometimes defeat us. We know the saying we may win the war, yet lose the battle. We ultimately know that we win and will be victorious in the end, but it's the daily battles that defeat us and keep us from living the victorious and abundant life that Christ came to give us daily. This study is about finding victory in Jesus over those enemies that so often defeat us. They can be numerous and varied. They can make an insidious assault on our lives as believers, stealing our joy, dashing our hopes, creating disillusionment and despair in our lives, and keeping us from the abundant life that Jesus desires for us.

Last week we looked at the enemy of "fear" and it's paralyzing effect on our lives as believers. This week we want to turn our attention to another enemy that can be equally as destructive to the life of a believer, the enemy of "doubt." The great preacher, **Charles Haddon Spurgeon** said about doubt, ***"Doubt discovers difficulties which it never solves; it creates hesitancy, despondency, despair. Its progress is the decay of comfort, the death of peace. 'Believe!' is the word which speaks life into a man, but doubt nails down his coffin."***

And I might add that doubt defeats and disillusion the lives of many professing believer and keep them from enjoying the full benefits of their faith and the victorious Christian life that Christ died to give them. But not only that, our ultimate enemy, the devil will use our doubt to cast doubt in the minds of many who would perhaps come to Christ, but all they see in our doubts instead. As **Dr. John MacArthur** says, ***"Every temptation, directly or indirectly, is the temptation to doubt and distrust God."***

"There's an old fable that says the Devil once held a sale and offered all the tools of his trade to anyone who would pay their price. They were spread out on the table and each one labeled... hatred, malice, envy, despair, bitterness, lust, fear, and anger - all the weapons that everyone knows so well. But off to one side lay a harmless looking old and wooden shaped instrument marked "doubt." It was old and worn looking but it was priced far above all the rest of the tools. This puzzled one of the buyers there, so he asked the reason why the unreasonable price, for such a worn-out, old tool. To that the Devil replied, "Ah-ha, that is the most prized tool in my chest. It is worn because it is often and so successfully used. I can use this one so much more easily than the others. No one knows that it belongs to me, so with it I

can open doors that are tightly bolted against the others. Once I get inside a heart with this tool I can use any tool that suits me best." That is doubt!

How do we find victory over doubt? When life gets hard, and doubt assails us, what are we to do? Let's take a look at this enemy, and find the victory that Jesus came to give us over doubt.

DOUBT EXPOSED

Doubt is an experience common to all people. Even those with faith in God struggle with doubt on occasion and say with the man in **Mark 9:24, "I do believe; help me overcome my unbelief!"** Some people are hindered greatly by doubt; some see it as a springboard to life; and others see it as an obstacle to be overcome. The Bible has something to say about the cause of doubt and provides examples of people who struggled with it, but before we get into that let's expose the world's way of looking at doubt a bit.

2 Worldly Understandings of Doubt:

1. **Classical Humanist Thought** – Classical humanism says that doubt, while uncomfortable, is absolutely essential for life. Famous Philosopher, **René Descartes** said, *"If you would be a real seeker after truth, it is necessary that at least once in your life you doubt, as far as possible, all things."* What's wrong with that do you think?
2. **Pagan Religious Thought** - This is similar to what the founder of *Buddhism* who said, *"Doubt everything. Find your own light."* What do you think is wrong with this idea?

Observation: *If we take their advice, we would have to doubt what they said, which seems rather contradictory. Instead of taking the advice of skeptics and false teachers, we will see what the Bible has to say.*

DOUBT DEFINED

So what, exactly, is doubt? How do we define it? Let's get a better understanding of what we are talking about by exploring some definitions of doubt.

4 Good Definitions of Doubt:

1. **Webster's Dictionary** = *"An uncertainty of belief or opinion that often interferes with decision-making."*
2. **Acrostic Definition** =

- D – Did God really say that?**
O – Or maybe He didn't.
U – Unless I see it, I wont...
B – Believe it! I'm thus...
T – Tempting God rather than trusting Him!

3. **Quote Definition** = *“Doubt and unbelief are two sides to the same coin. It means to waver in opinion or judgment; to question; to deem uncertain; to distrust. It is a lack of belief or faith in God and His provision.” - Harriet Bond*
4. **Word Study Definition** = *“Dubious, to give rise to uncertainty, to be unsettled or unsure.” We get our English word doubt (which originally was “daut”) from the Latin “dubitare or dubius... from which we get our other English word “dubious.” The English word “dubious” may give us a good understanding of the word “doubt.” The word “dubios” means “to give rise to uncertainty, to be unsettled or unsure.”*

DOUBT EXPLAINED (Various Scripture)

The very first expression of doubt in the Bible is in Genesis 3, when Satan tempted Eve. Let's look at it and see what it teaches us about the enemy of doubt (Genesis 2:15-17 & 3:1-13). God had given a clear command regarding the tree of the knowledge of good and evil and had specified the consequence of disobedience. Satan introduced doubt into Eve's mind when he asked, “Did God actually say, ‘You shall not eat of any tree in the garden’?” He wanted her to lack confidence in God's command. When she affirmed God's command, including the consequences, Satan replied with a denial, which is a stronger statement of doubt, “You will not surely die.” Doubt is a tool of Satan to make us lack confidence in God's Word and consider His judgment unlikely.

READ: GENESIS 2:15-17 & GENESIS 3:1-13

3 Things Doubt Does According to the Garden Account:

1. **Doubt gives rise to the enemies ability to mislead and deceive us** – Genesis 3:1 says, *“Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden’?”* Do you see it? Satan placed a questioning doubt in the woman's mind and was thereby able to craftily mislead and deceive her.

2. **Doubt causes us to question God and His goodness** – Again Genesis 3:1 says, *“Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, ‘Did God really say, ‘You must not eat from any tree in the garden’?”* Here the Enemy raises a doubt about God and His intentions to keep Adam and Eve from something God, and it works. Notice what Eve says in verses 2-3, *“² The woman said to the serpent, ‘We may eat fruit from the trees in the garden, ³ but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’”* I don’t know if you noticed it by she buys into doubt about God’s goodness. She says He will kill us if we eat from that tree. In verses 4-5 the Devil goes on to say, questioning God’s goodness, *“You will not surely die,” the serpent said to the woman. ⁵ “For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”*
3. **Doubt causes us to miss out on God’s blessing and promises** – Not only was the relationship between God and Adam and Eve (man) broken (see vs. 8), but they were banished from the place of God’s blessing and provision... the garden. Verse 23 says, *“So the LORD God banished him from the Garden of Eden to work the ground from which he had been taken.”*

Observation: *Lest anyone doubt, doubt has devastating effects on the life of a child of God. It opens the door for a whole host of missed blessings and opportunities, and cripples our relationship with God.*

Lest we think that we can lay all of the blame on Satan, the Bible clearly holds us accountable for our own doubts.

READ: **LUKE 1:5-25 & LUKE 1:57-66**

Take your Bible and go to the first chapter of the Gospel of Luke, and I want you to notice with me the story of the birth of John the Baptist (Luke 1:5ff). When Zechariah was visited by the angel of the Lord and told that he would have a son (Luke 1:11-17), he doubted the word given to him. He logically assumed that he and his wife were too old to have children, and in response to his doubt, the angel said he would be mute until the day God’s promise was fulfilled (Luke 1:18-20). Zechariah doubted God’s ability to overcome natural obstacles – many people today share the same doubt. Any time we allow human reason to overshadow faith in God, sinful doubt is the result.

3 Things Doubt Does According to the John the Baptist Account:

1. **Doubt blinds our eyes to the possibilities of what God can do** – Did you notice in the story that although God revealed what he was going to do through Zechariah and Elizabeth, Zechariah couldn't see it? Verse 7 tells us that Elizabeth was barren and well advanced in years... way past her child bearing years. Notice verses 11-18, *"¹¹Then an angel of the Lord appeared to him, standing at the right side of the altar of incense. ¹²When Zechariah saw him, he was startled and was gripped with fear. ¹³But the angel said to him: 'Do not be afraid, Zechariah; your prayer has been heard. Your wife Elizabeth will bear you a son, and you are to give him the name John. ¹⁴He will be a joy and delight to you, and many will rejoice because of his birth, ¹⁵for he will be great in the sight of the Lord. He is never to take wine or other fermented drink, and he will be filled with the Holy Spirit even from birth. ¹⁶Many of the people of Israel will he bring back to the Lord their God. ¹⁷And he will go on before the Lord, in the spirit and power of Elijah, to turn the hearts of the fathers to their children and the disobedient to the wisdom of the righteous—to make ready a people prepared for the Lord.' ¹⁸Zechariah asked the angel, 'How can I be sure of this? I am an old man and my wife is well along in years.'"* In other words, "God, I can't see this happening! It's just too impossible!" Remember nothing is impossible with God.
2. **Doubt closes our ears to the voice of God in our life** – Essentially, Zechariah's doubt said, "I can't even hear this! This voice can't be real!"
3. **Doubt silences our mouths as a witness for God to our world** – Literally, Zechariah's mouth was silenced for the entire pregnancy of this child. For 9 months, he didn't get to bear witness for God, which remember was his job!

READ: JAMES 1:5-8

Contrary to the humanistic view that doubt is essential to life, the Bible says that doubt is a destroyer of life. I want you to turn with me to **James 1:5-8**. James tells us that when we ask God for wisdom, we are to ask in faith, without doubt. If we doubt God's ability to respond to our request, what would be the point of asking in the first place? God says that if we doubt while we ask, we will not receive anything from Him, because we are unstable. *"He who doubts is like a wave of the sea, blown and tossed by the wind"* (James 1:6).

"⁵ If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. ⁶ But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the

wind. ⁷ That man should not think he will receive anything from the Lord; ⁸ he is a double-minded man, unstable in all he does.” –James 1:5-8 (NIV)

3 Things Doubt Does According to James, the Half-Brother of Jesus:

- 1. Doubt cuts off the flow of God’s generous and gracious blessing** – Verse 5 reminds us that God give generously to all who ask, even without finding fault. That speaks of grace. But according to verses 6-7, doubt interferes with that generous and gracious flow. *“⁶ But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. ⁷ That man should not think he will receive anything from the Lord;”*
- 2. Doubt causes us not to be able to see things clearly** – Think about what James is saying in verse 6 when he says, *“⁶ But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind.”* Think about what happens when someone is blown around, jostled, tossed about, spun around and around in a boat in the middle of the sea. He or she become disoriented, confused, and unable to see where they are going. That is the certain effects of doubt on the life of a believer. It causes us to lose our bearings.
- 3. Doubt creates an uncertainty and unsteadiness in our daily walk** – Verse 8 says of this doubt filled one, *“...he is a double-minded man, unstable in all he does.”*

DOUBT DEFEATED

So the question is how do we defeat “doubt” in our lives and find victory in the Jesus... the victory He came to give us. Let me give you, in conclusion some sure-fired remedies or resources for overcoming doubt in your life as a believe.

Sure-fired Resources for Overcoming Doubt:

- 1. The Word of God (Romans 10:17)** – Remember that faith is the remedy for doubt. Well where does faith come from? Here it is in Romans 10:17 *“So then faith comes by hearing, and hearing by the word of God.”* God gave us the Bible as a testimony of His works in the past, so we will have a reason to trust Him in the present. Psalm 77:11 says, *“I will remember the deeds of the LORD; yes, I will remember your miracles of long ago”* In order for us to have faith in God, we must study to know what He has said. Once we have an understanding of what God has done in the past, what He has promised us for the present, and what we can expect from Him in the future, we are able to act in faith instead of doubt.
- 2. The Body of Christ (Hebrews 10:24-25)** – Listen to Hebrews 10:19-25, *“¹⁹ Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus, ²⁰ by a new and living way which He consecrated for us, through the veil, that is,*

*His flesh,²¹ and having a High Priest over the house of God,²² let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water.²³ Let us hold fast the confession of our hope without wavering, for He who promised is faithful.²⁴ **And let us consider one another in order to stir up love and good works,²⁵ not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.***” We have to deal with any doubt and unbelief; and we do this by surround ourselves with people of like faith. We have to shut off the road to unbelief, by taking care what you hear and watch.

3. **Through Much Prayer and Fasting (Mark 9:29)** – There is a story told in Mark 9:17-29 that helps us to understand the place of prayer and fasting in the life of a child of God, especially when doubt prohibits from being all that God has called us to be. Listen to it, *“¹⁷ Then one of the crowd answered and said, “Teacher, I brought You my son, who has a mute spirit. ¹⁸ And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not.” ¹⁹ He answered him and said, “O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me.” ²⁰ Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. ²¹ So He asked his father, “How long has this been happening to him?” And he said, “From childhood. ²² And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us.” ²³ Jesus said to him, “If you can believe, all things are possible to him who believes. ²⁴ Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” ²⁵ When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: “Deaf and dumb spirit, I command you, come out of him and enter him no more!” ²⁶ Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, “He is dead.” ²⁷ But Jesus took him by the hand and lifted him up, and he arose. ²⁸ And when He had come into the house, His disciples asked Him privately, “Why could we not cast it out?” ²⁹ **So He said to them, “This kind can come out by nothing but prayer and fasting.**”* We can have enough faith, but it’s the unbelief that will negate your faith. Jesus rebuked His disciples when they could not cast out the dumb spirit out of the boy, and said that it was because of their unbelief, and He tells them that “prayer and fasting drives out unbelief”. We must be a people of much prayer and the lost art of fasting to deal successfully with the doubts that are sure to flood our lives.

